

PSHE is integral to our Trinity Federation vision, aims and values.

Within the Trinity Federation, we believe that nurturing happy and holistically healthy children is key to all aspects of learning and development.

We endeavour to ensure that all our children acquire the ability to make informed, healthy, safe and moral choices in their lives. Furthermore, we strive to provide a PSHE curriculum that will enable our children to become confident, independent members of society with an awareness of their rights and responsibilities as individuals and as part of a diverse society, within and beyond their school community.

- PSHE overviews for each theme are shown in brackets under each theme title.
- There are integral PSHE lessons to be taught within the theme (shown on the YEAR R and Y1 overview).
- Core unit lessons should be taught as discrete lessons each week within a timetabled PSHE slot.
- Flexibility is built in to allow extension of appropriate themes across two lessons where necessary.
- Units such as substance abuse and SRE (Upper KS2) may be best delivered in blocks and with additional trained visitors planned in to enhance the curriculum

Curriculum Map PSHE & RSE Trinity Federation : St. Peter's CE Primary Academy

Coloured,bold font = units specific to the theme, italics = supplementary lessons, plain = core units for each term

	Autumn 1 - 7	Autumn 2 - 7	Spring 1 - 6	Spring 2 - 5	Summer 1 - 7	Summer 2 - 7 Resource: Educator Solutions
Y R	<u>'Happy to Be Me!'</u> <u>All About Me</u> Lesson 19 'Busy Body' Lesson 14 'Family Fun' Lesson 8 'Me and You' Core Theme 1 Unit 2 LESSON 4: Washing Hands - Meet Grub	<u>'Come Fly With Me!'</u> <u>Asia</u> (Friendship / healthy eating) Lesson 16 'All Join In' <i>Lesson 1</i> <i>'Hide and Seek'</i> <i>Lesson 2</i> <i>'Nan's House'</i> Core Theme 1 Unit 1 LESSON 1: Healthy Eating - Vote Green	<u>'Let's Play!'</u> <u>Toys and Games</u> Lesson 4 'It's Your Turn' <i>Lesson 3</i> <i>'I Like...'</i> <i>Lesson 5</i> <i>'What a Problem'</i> Core Theme 1 Unit 1 LESSON 2: Healthy Eating - Meat Eaters	<i>Lesson 6</i> <i>'Take the Plunge'</i> <i>Lesson 7</i> <i>'An Old Friend'</i> <i>Lesson 9</i> <i>'Stick to the Rules'</i> Core Theme 2 Unit 3 LESSON 2: Comparisons - All the Same	<u>'What On Earth...?'</u> <u>Showing Respect</u> <u>for Our World</u> Lesson 25 'Litter Bug!' <i>Lesson 10</i> <i>'Rainy Days'</i> <i>Lesson 23</i> <i>'Eid Mubarak!'</i> <i>Lesson 24</i> <i>'Playtime Games'</i>	<u>SRE</u> 1.My feelings 2. My body 3. My relationships 4.My beliefs 5.My rights & responsibilities 6.Asking for help

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Y 1	<u>Happily Ever After / 'Tell Us a Story!'</u> <u>Well-Known Stories</u> (Bullying fair and unfair behaviour) Lesson 13 'Bully Boy' Lesson 17 'I'm Stuck!' Core Theme 3 Unit 1 LESSON 3: Taking Turns - It's Your Turn LESSON 7: Good	<u>'Come Fly With Me!'</u> <u>The Arctic Circle</u> LESSON 6: Kindness - Give a Little Core Theme 1 Unit 4 LESSON 1: Happiness - Smile! Core Theme 2 Unit 1 LESSON 1: Feelings - How I Feel Core Theme 2 Unit 1 LESSON 2: Responses - You and	<u>'Land Ahoy!'</u> <u>Pirates</u> (Rules / expectations Responsibility Being considerate) Lesson 18 'A Piece of Cake' Lesson 12 'Clean and Tidy' Lesson 15 'One Gold Star' Core Theme 2 Unit 1 LESSON 3: Opinions - I Think...	Lesson 21 'Getting in a Knot' Lesson 22 'E-Safety, Be Safe' Core Theme 1 Unit 5 LESSON 4: Personal Safety - Secret Surprise Core Theme 1 Unit 5 LESSON 5: Emotional Safety - Getting Help	<u>'Going Wild!'</u> <u>All About Animals</u> (My body Physical activity) Core Theme 2 Unit 4 LESSON 5: Family - My Family Core Theme 2 Unit 4 LESSON 6: Family - Special People Core Theme 3 Unit 1 LESSON 6: Caring - Talking to Plants Core Theme 3 Unit	<u>SRE LESSONS</u> 1.My feelings 2. My body 3. My relationships 4.My beliefs 5.My rights & responsibilities 6.Asking for help Core Theme 3 Unit 3 LESSON 1: Money - Grows on Trees? Core Theme 3 Unit 3 LESSON 2: Money

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	Manners - How Rude	Me			1 LESSON 4: Lending / Borrowing - The Borrowers	- Coining it in! Core Theme 3 Unit 3 LESSON 3: Money - Keep Money Safe
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2 Resource: Educator Solutions
Y 2	<u>'Inter-Nation Media Station'</u> <u>Media / Broadcasting</u> (Sharing opinions/debating/e-safety) Core Theme 1 Unit 4 LESSON 5: Consequences - Good v Bad Core Theme 2 Unit 1 LESSON 4: Co-operation – Negotiation Core Theme 2 Unit 1 LESSON 5: Co-operation - Want to Play?	<u>'Zero to Hero'</u> Inspirational Figures, Past and Present (Setting goals/gender stereotypes) Core Theme 2 Unit 3 LESSON 1: Fair and Unfair - It's Not Fair! Core Theme 2 Unit 3 LESSON 4: Right and Wrong - In the Right Core Theme 2 Unit 5 LESSON 7: Staying Safe – I Don't Know You Core Theme 1 Unit 5 LESSON	<u>'Unity in the Community'</u> <u>Where I Belong</u> (Belonging Road safety) Core Theme 3 Unit 3 LESSON 4: Money - Shopping List Core Theme 3 Unit 3 LESSON 5: Choices - This or That? Core Theme 3 Unit 3 LESSON 6: Enterprise - Dragons' Den	Core Theme 2 Unit 3 LESSON 3: Behaviour - In My Shoes Core Theme 1 Unit 2 LESSON 1: Dental Hygiene - Brushing Up! Core Theme 1 Unit 2 LESSON 2: Dental Hygiene - Bright White Core Theme 1 Unit 2 LESSON 3: Dental Hygiene - Top Teeth	<u>'Light Up the World'</u> <u>The Sun - Light and Heat</u> (Emotions and sun safety) Core Theme 1 Unit 2 LESSON 5: Keeping Clean - Bath-time Core Theme 1 Unit 2 LESSON 6: Skin - Skinny Tips Core Theme 1 Unit 3 LESSON 3: Growing Up - All Grown Up Core Theme 1 Unit 3 LESSON	<u>SRE</u> 1. My feelings 2. My body 3. My relationships 4. My beliefs 5. My rights & responsibilities 6. Asking for help

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	Core Theme 2 Unit 1 LESSON 6: Co-operation - Let's Debate!	3: Drug Safety - Magic Medicine			4: Changing Needs - I Need	
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2 Resource: Educator Solutions

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Y 3	<u>'That's All Folks!'</u> <u>Film and Animation</u> (Goals/aspirations/personal strengths) Core Theme 1 Unit 1 LESSON 1: Physical, Emotional and Mental – I Am Who I Am! Core Theme 1 Unit 1 LESSON 2: Physical, Emotional and Mental – Hearts and Minds Core Theme 1 Unit 1 LESSON 3: Physical, Emotional & Mental – Three in One	<u>World of Difference'</u> <u>Religious Festivals</u> (Tolerance/diversity) 1 Core Theme 2 Unit 5 LESSON 1: Friendship – Best Features Core Theme 2 Unit 5 LESSON 2: Friendship – Circles Time Core Theme 2 Unit 5 LESSON 3: Friendship - Falling Out Core Theme 2 Unit 5 LESSON 4: Friendship – The BAFAs	<u>Law and Order</u> (Rules/responsibilities/ consequences) Core Theme 2 Unit 1 LESSON 1: Clear Messages – Dot Dot Dash Core Theme 2 Unit 1 LESSON 2: How to Listen – Listen Up! Core Theme 3 Unit 2 LESSON 1: Different Communities – My Community	<u>'Under the Canopy'</u> <u>Rainforests</u> (Family units/managing change) Core Theme 1 Unit 2 LESSON 1: A Balanced Approach – Define:Healthy Core Theme 1 Unit 2 LESSON 3: Lifestyle Choices – It's Your Choice Core Theme 2 Unit 2 LESSON 3: Shared Goals – Better Places	Core Theme 1 Unit 7 LESSON 1: Before Puberty – You've Grown! Core Theme 1 Unit 7 LESSON 2: Visible Changes – Mind the Gap Core Theme 1 Unit 2 LESSON 4: Sleep – Sweet Dreams	<u>RSE</u> 1.My feelings 2. My body 3. My relationships 4.My beliefs 5.My rights & responsibilities 6.Asking for help
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2 <i>Resource: Educator Solutions</i>

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Y 4	<u>'Lightning Speed'</u> <u>The World Wide Web</u> (E-safety/privacy) Core Theme 1 Unit 6 LESSON 4: Online Privacy – It's Personal Core Theme 1 Unit 6 LESSON 5: Internet Use – Online Usage Core Theme 1 Unit 6 LESSON 6: Internet Use – Age Limits	<u>'Come Fly With Me!'</u> <u>Africa</u> (Food & Nutrition/ balanced diet/community) Core Theme 1 Unit 3 LESSON 2: A Balanced Diet – Balancing Act Core Theme 1 Unit 3 LESSON 3: Working With Food – Master Chef Core Theme 1 Unit 3 LESSON 4: Working With Food – Our Food Hall	<u>Athens vs Sparta</u> <u>(Resilience/ bullying)</u> Core Theme 3 Unit 3 LESSON 1: Gender Stereotypes – His and Hers Core Theme 2 Unit 3 LESSON 2: Self-Worth – I'm a Marvel! Core Theme 1 Unit 5 LESSON 5: Feelings - Overreacting	Core Theme 1 Unit 5 LESSON 6: Self-Respect – Let's Rock! Core Theme 2 Unit 1 LESSON 3: Responding to Others – Agony Aunts Core Theme 2 Unit 1 LESSON 4: Expressing Opinions – It's Debatable Core Theme 1 Unit 5 LESSON 3: Loss / Separation – Left Behind	<u>'Picture Our Planet'</u> <u>Photo Stories</u> (Needs and wants/financial capability) Core Theme 3 Unit 4 LESSON 1: Money Choices – A Million Dollars Core Theme 3 Unit 4 LESSON 2: Managing Money – Design Choices	1. My feelings 2. My body 3. My relationships 4. My beliefs 5. My rights & responsibilities 6. Asking for help
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Y 5	<u>'A World of Bright Ideas'</u> Inventions and Developments (Collaboration/healthy eating and nutrition) Core Theme 3 Unit 1 LESSON 1: Structure – Just Imagine ... Core Theme 3 Unit 1 LESSON 2: Law and Order – In Charge Core Theme 3 Unit 1 LESSON 3: U.N. Rights – Our	<u>'Come Fly With Me!'</u> <u>America</u> (Communication/celebrating diversity) Core Theme 1 Unit 1 LESSON 1: Physical, Emotional and Mental – 3-Dimensional Core Theme 1 Unit 1 LESSON 2: Physical, Emotional and Mental – What's Puberty? Core Theme 1 Unit 1 LESSON 3: Healthy Lifestyles – You	<u>'You're Not Invited'</u> <u>Invaders and settlers</u> Core Theme 1 Unit 5 LESSON 1: Drugs – Just Say No! Core Theme 1 Unit 5 LESSON 3: Tobacco – Up in Smoke Core Theme 1 Unit 5 LESSON 4: Substance Abuse – Let's Be Frank	Core Theme 1 Unit 2 LESSON 1: Food Choices – Secret Eaters Core Theme 1 Unit 5 LESSON 2: Alcohol – Drink Aware Core Theme 1 Unit 5 LESSON 5: Basic First-Aid – First Aids Tips	<u>'Full of Beans' Energy</u> (Financial capability/aspirations) Core Theme 2 Unit 4 LESSON 1 Physical Contact – Touch Sensitive Core Theme 2 Unit 4 LESSON 5: Online Relationships – A Risky Business	<u>RSE LESSONS</u> 1. My feelings 2. My body 3. My relationships 4. My beliefs 5. My rights & responsibilities 6. Asking for help

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	Rights	Choose				
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Y 6	<u>'Mission Control' Earth and Beyond</u> Core Theme 1 Unit 3 LESSON 1: Identified Strengths – Big Dreams Core Theme 1 Unit 3 LESSON 2: Identifies Strengths – Big Achievers Core Theme 1 Unit 5 LESSON 6: Internet Safety – Fake News Core Theme 1 Unit 3 LESSON 3: Setting Goals – 'Super Futures'	<u>'I Have a Dream...' Discrimination and Prejudice</u> (Collaboration/cultural diversity and discrimination) Core Theme 1 Unit 3 LESSON 4: Setting Goals – I Can Do That! Core Theme 1 Unit 1 LESSON 4: Physical Illness – Bleugh! Core Theme 1 Unit 1 LESSON 6: Immunisation – One Sharp Scratch Core Theme 1 Unit 1 LESSON	<u>'Wars of the World' Wars, Past and Present</u> (Resilience/extremism and radicalisation) Core Theme 2 Unit 4 LESSON 3: Marriage – I Promise... Core Theme 2 Unit 4 LESSON 4: Mental Wellbeing – Mind Business Core Theme 2 Unit 4 LESSON 2: Support and Care - Connections Core Theme 3 Unit 4 LESSON 1: Generating Income – Making Money	<u>Substance Related Abuse (Dimensions)</u> Lesson 1 Keeping Safe Lesson 2 Taking Risks Lesson 3 Taking drugs Lesson 4 Drug awareness Lesson 5 Substance Abuse	<u>'Global Warning' Waste and Pollution RSE (Dimensions)</u> Lesson 1 Forming relationships Lesson 2 Sexual Relationships Lesson 3 Healthy relationships Lesson 4 Unhealthy	PSHE LESSONS 1. My feelings 2. My body 3. My relationships 4. My beliefs 5. My rights & responsibilities 6. Asking for help

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		5: Healthy Minds – Young Minds	Core Theme 3 Unit 4 LESSON 2: Generating Income – Raising Money		relationships Lesson 5 Gender Issues Relationship	
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